

YOUR OPINION MATTERS

APR 2025 - JUNE 2025



An outstanding difference. I feel excited about the future.

Can't improve on what is already being provided. Counselling has really made a huge difference in my life. Having someone to talk to openly and honestly.

I wouldn't be in the better place I'm in now if it wasn't for this service. I now have an insight into how emotions work. I would recommend this service to everyone. Its changed my life

Brilliant service - so helpful and responsible to need. Kind and caring.

The sessions have been very very helpful, I've got my confidence back, ready for a new beginning