

# YOUR OPINION MATTERS

APRIL 2023 - JUNE 2023



Excellent counselling. I would not be here today without it.

The help given to me here has 100% helped me cope with my grief.

I feel I have been helped enormously and now feel stronger mentally to face up to the future.

You were with me every step of the way through my journey and gave me the knowledge to understand why I was feeling as I did. Thoroughly recommend this service to anyone.

It has been a godsend and I have left feeling more positive.